



# Do you need help because of a disability?

The law protects people with physical and mental disabilities as well as others with serious health problems.

Do you have a disability that makes it hard for you to apply for benefits or meet program requirements? We can give you extra help. You do not need to give us your medical papers/proof of your condition.

## Disabilities may include limitations with:

- Walking, sitting or standing
- Reading, learning or understanding
- Speaking, hearing or seeing
- Being around crowds
- Memory loss
- Dealing with emotions

## We can help you with:

- Reading our documents and forms
- Filling out our forms
- Getting documents we need
- Changes to program rules and work requirements
- Making appointments
- Other reasonable modifications

To request a modification, ask  
any DPSS employee or call  
the ADA Hotline at:

# 844-586-5550



**Not every disability is visible**